

About Us

Established in 2006, Thozhamai means 'Solidarity' and operates as a resource centre for human rights, focusing on human and child rights advocacy for the urban poor. Over 18 years, it has evolved from a resource Centre for human rights into a full-fledged community development organization, functioning as an advocacy and lobbying wing while implementing field-level interventions.

Our Vision

A society in which the most vulnerable sections enjoy Equality, Social Justice, Freedom, Fraternity and Democracy with dignity.

Our Mission

Bringing awareness to the oppressed women, youth, children and men about their rights and duties. To promote Human Rights through awareness, cadre formation, capacity building, media advocacy and lobbying.

Our Socials

-  [thozhamai_tn](#)
-  [@ThozhamaiTN](#)
-  thozhamai@gmail.com
-  <http://www.thozhamai.in/>



Thozhamai

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6/2, Balu St, Kamaraj Nagar,
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FIELD OFFICES
Semmencheri, Perumbakkam,
Senneri

CONTACT US:
Auxilia.M.Christina,
City Coordinator,
9677056919

Benita Maria S,
Project officer
9444971534



Our Bank Details

Account Name; Thozhamai
Account no. : 753912067
Bank: Indian Bank
Branch:Thiruvanmiyur
Branch code : 121
IFSC Code : IDIB000T044

Thozhamai 
solidarity for rights

Organizing

3rd Interschool Girls Netball Tournament



**25th January 2025
(Saturday)**

**Venue: YMCA,
Nadanam,
Chennai**

Why do we organize netball ?



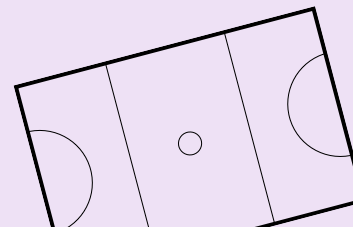
Despite facing numerous challenges such as high dropout rates, inadequate infrastructure, unsafe environments, and pervasive gender discrimination, vulnerable adolescent girls have an inherent and undeniable right to play. This fundamental right is not just about recreation—it is about fostering their physical, emotional, and social development, giving them the opportunity to express themselves, build confidence, and envision a future beyond the barriers they face.



Thozhamai over the last 10 years



Thozhamai empowers adolescent girls by providing life skills, education, and opportunities through netball. In collaboration with WomenWin, the Futuremakers project was launched in 2014 to support girls from government schools and vulnerable communities in Chennai and Chengalpattu. Through four modules focusing on communication, health, rights, financial literacy, and netball basics, the program has benefited over **17,950** adolescent girls, with **100+** competing at state and national levels.



About Event



The Interschool Girls Netball Tournament has been successfully held for the past two years, with **350** adolescent girls from **16** schools and **4** communities participating. The 3rd tournament is scheduled for **January 25, 2025**. This event aims to empower girls through sports by boosting confidence, promoting gender equality, developing leadership skills, improving physical and mental health, and creating supportive communities, all contributing to their personal and social growth.

Who are participating?

Adolescent girls from government, government-aided, and private schools, including underprivileged participants from local communities participating in the tournament.

The total cost of organizing the event is ₹4,61,150. Your contribution will play a vital role in ensuring the successful execution of this empowering initiative.